

From 'we commitment to I action' Healthy Workforce

Healthy Workforce

We support health and care professionals in adopting positive health behaviours including being, healthy weight, physically active and addressing poor health behaviours including smoking cessation and drugs & alcohol reduction

<https://www.gov.uk/government/publications/all-our-health-about-the-framework/all-our-health-about-the-framework>



Frontline nurse, midwife or carer –

- I will use the #AllOurHealth website to help advise my health choices and my practice
<https://www.gov.uk/government/publications/workplace-health-applying-all-our-health>
- I will participate with colleagues in employer and local opportunities for building health and resilience.

Leader / Manager –

- I will contribute to social movements and building collaboration and a culture of health for all our staff as well as our service users.
- I will contribute to the design and implementation of evidence based employer and local community plans to improve health outcomes for local people and improve the wellbeing and retention of staff.

Strategic Lead –

- I will lead on the Healthy Workplace CQUIN 2017
- I will promote the following:
 - Mental health toolkit for employers - <http://wellbeing.bitc.org.uk/all-resources/toolkits/mental-health-employers>
 - MSK toolkit for employers - <http://wellbeing.bitc.org.uk/all-resources/toolkits/musculoskeletal-health-toolkit-employers>
 - Suicide prevention toolkits - <http://wellbeing.bitc.org.uk/all-resources/toolkits/suicide-postvention-toolkit>
 - Suicide post-prevention toolkits - <http://wellbeing.bitc.org.uk/all-resources/toolkits/suicide-prevention-toolkit>
- I will create a governance and evaluation infrastructure which reaches every provider, every nurse and every community.