

# All O ♥ R Health

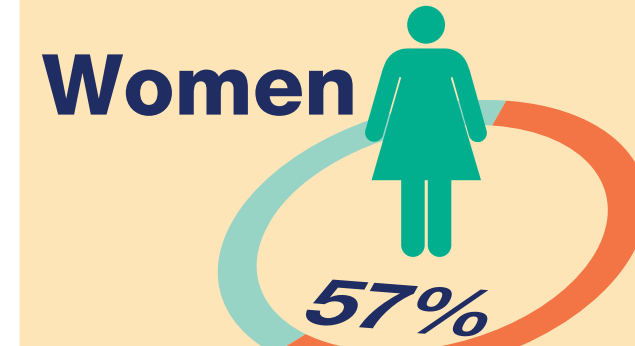
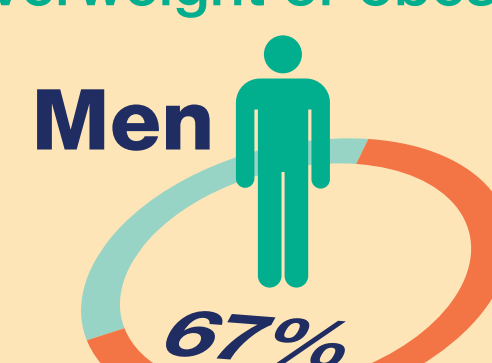
## Health Care Professionals working to reduce obesity across the five nations *England - Northern Ireland - Scotland - Wales - Republic of Ireland*



Working with individual, family, community and population for our healthy society

### UK figures

Percentage of men and women who are overweight or obese



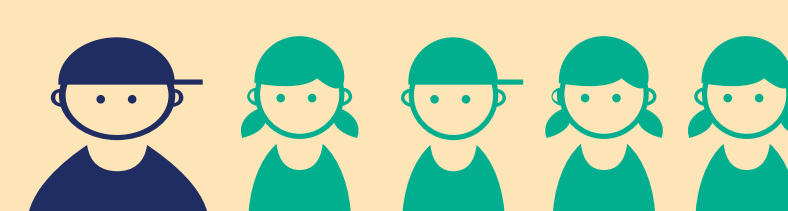
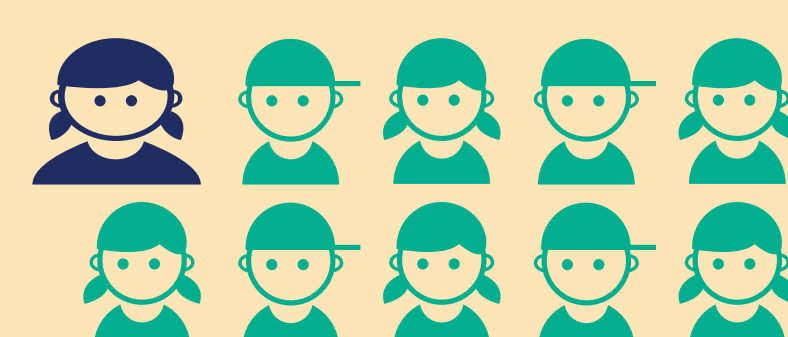
### Obesity

An estimated  
**70,000**

premature deaths in the UK  
could be avoided each year

if diets matched  
nutritional guidelines

1 in 10 five year olds  
are obese, rising to 1 in  
5 by age eleven

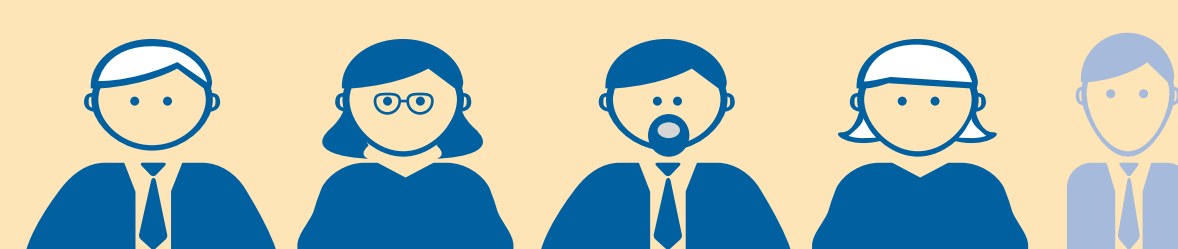


### Republic of Ireland figures

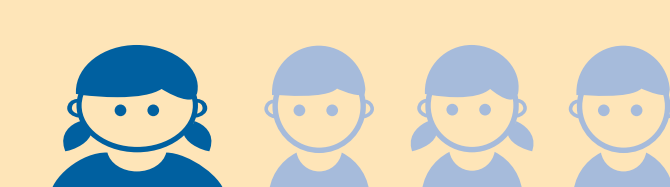
2 in 3 adults age 18 – 64  
are overweight or obese



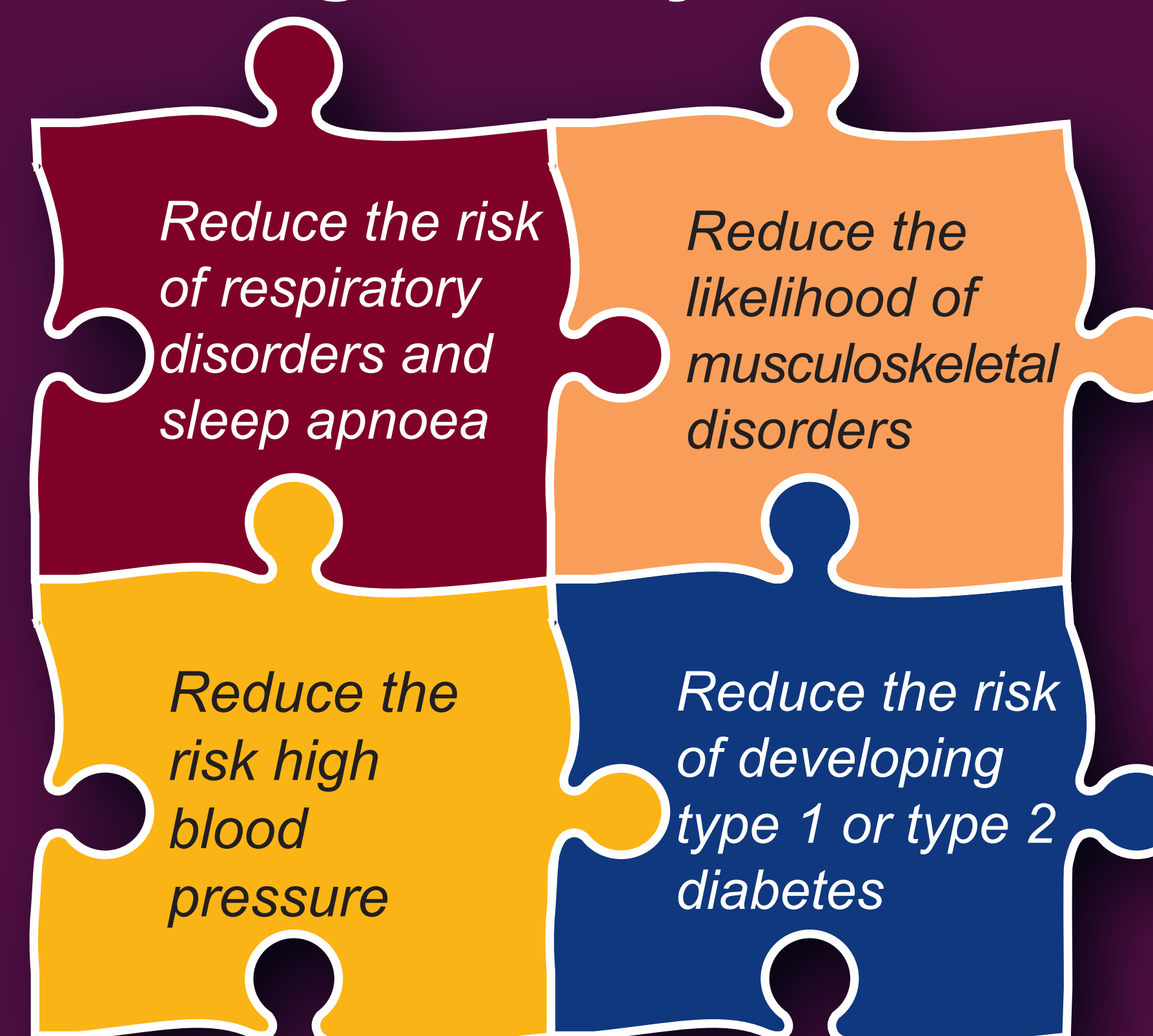
4 in 5 adults over 50  
are overweight or obese



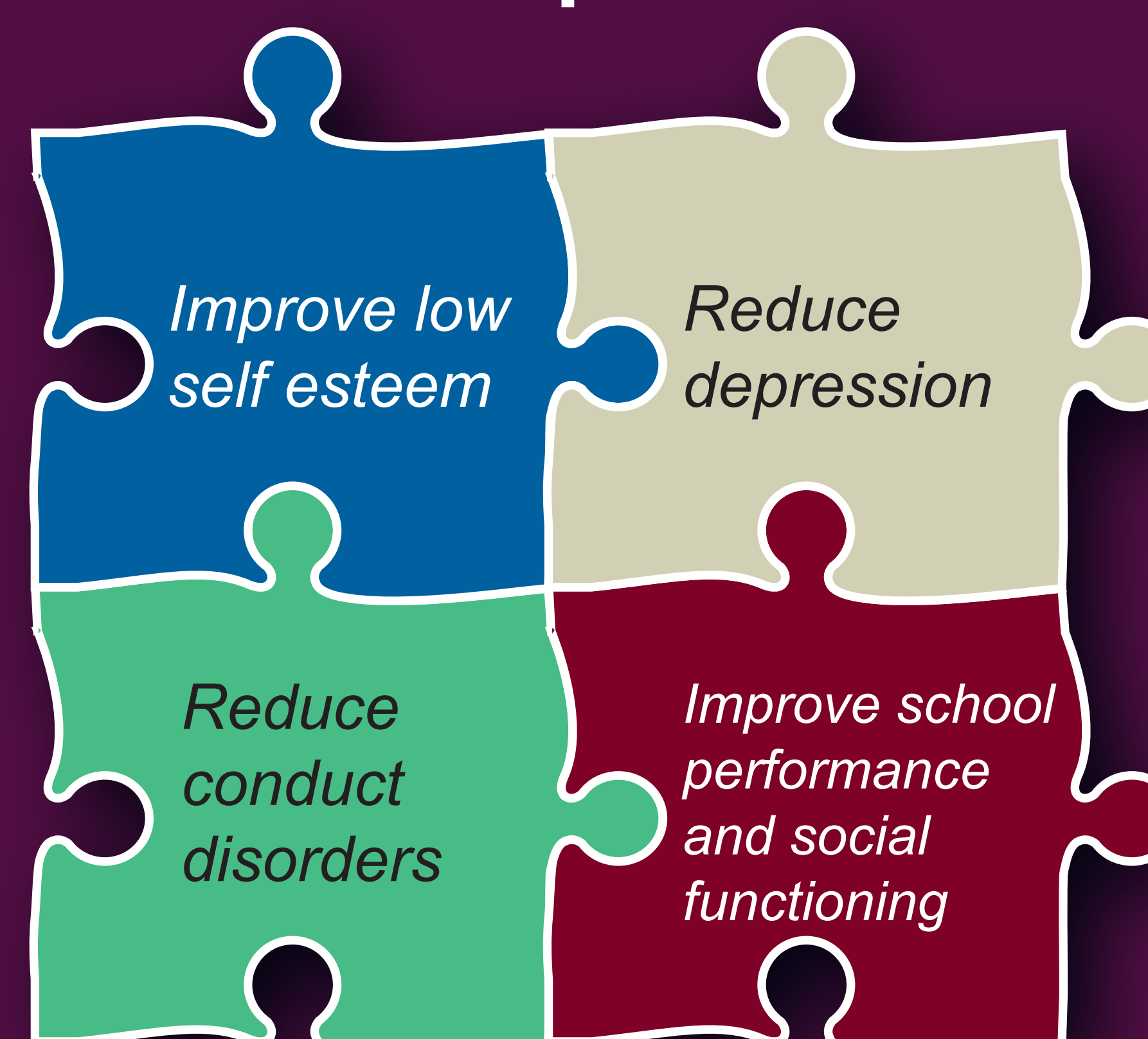
1 in 4 children aged 3 – 9  
are overweight or obese



### Tackling obesity will:



### Tackling childhood obesity also has the potential to:



<https://www.gov.uk/government/publications/all-our-health-about-the-framework/all-our-health-about-the-framework>

### All O ♥ R Health

All Our Health is a call to action to healthcare professionals working with patients and the population to prevent illness, protect health and promote wellbeing

### Prevent Protect Promote



email contact - Allourhealth@phe.gov.uk

### Support Healthcare Practitioners develop population health practice

Prevent avoidable disease, Protect health, Promote wellbeing resilience

Education CPD Revalidation	Primary and community care	Marketing Social media	Public health and commissioning
Leadership Policy alignment	Healthy workforce	Healthcare Practitioner Practice – health promoting practitioners	Tools and metrics Priorities and focus