

The Healthy Child Programme 0-5 Pregnancy to the first five years

PRENATAL 28 WEEKS

Healthy Child programme
Mandated health visiting
intervention

- Antenatal contact at 28 weeks
- 6 high impact areas
- Led by health visitors

Midwifery

- Full health and social care assessment
- Routine antenatal care and screening
- Parents at higher risk (drug abuse, alcohol abuse, domestic violence)
- Preparation for parenthood
- Maternal mental health
- Breastfeeding
- Weight management
- Smoking cessation

PARENTHOOD



BIRTH

Healthy Child programme
Mandated:

- New birth review
- 6 – 8 week review

6 High Impact Areas

- Transition to parenthood
- Breastfeeding
- Maternal mental health



GROWING AND DEVELOPING

0-2½ YEARS

Healthy Child programme
Mandated:

- 1 year review
- 2 – 2 ½ year review
ASQ3/SE used for all children in England

6 High Impact Areas

- Health, wellbeing and development aged 2
- Integrated review



READY TO LEARN

PREPARATION FOR PRIMARY SCHOOL

The Healthy Child Programme 5-19

A full range of interventions that commissioners and local health professionals should consider to support children and young people, and their families



The Healthy Child Programme 5-19 'Preparing for life' – 'Ready for life'

11-14 YEARS

- Health review at year 6/7 (10 – 12 years)
- Immunisation review and health protection advice including HPV vaccine
- Emotional wellbeing
- Healthy weight and physical activity advice

ENGAGING MID-TEENS

- PSHE – healthy relationships advice
- Support for young carers and vulnerable young people
- Anti-bullying programmes
- Peer support programmes
- Oral health advice

14-17 YEARS

- Immunisations and health protection advice
- Healthy weight and physical activity advice
- Drugs and alcohol support advice
- Support for children in contact with youth justice system
- Looked after children
- Young carers

TRANSITION TO DESTINATION! HIGHER EDUCATION OR WORK

- School leaver booster
- Emotional wellbeing and Mental health support
- Smoking cessation advice
- Sexual health and contraceptive advice
- Chlamydia screening

18-25 YEARS

- Preparation for adult services
- Emotional wellbeing
- On-going support for young people with complex health needs
- Preparation for early parenthood for teenage parents
- Sexual health and contraceptive advice
- Immunisation and health protection advice
- Chlamydia screening

