The Healthy Child Programme 0-5 Pregnancy to the first five years

PRENATAL 28 WEEKS

Healthy Child programme Mandated health visiting intervention

- Antenatal contact at 28 weeks
- 6 high impact areas
- Led by health visitors

Midwifery

- Full health and social care assessment
- Routine antenatal care and screening
- Parents at higher risk (drug abuse, alcohol abuse, domestic violence)
- Preparation for parenthood
- Maternal mental health
- Breastfeeding
- Weight management
- Smoking cessation

PARENTHOOD ... B

BIRTH

Healthy Child programme Mandated:

- New birth review
- 6 8 week review

GROWING AND DEVELOPING

READY TO LEARN

0-21/2 YEARS

Healthy Child programme Mandated:

- 1 year review
- 2 2 ½ year review ASQ3/SE used for all children in England
- 6 High Impact Areas
- Health, wellbeing and development aged 2
- Integrated review



6 High Impact Areas

Breastfeeding

Transition to parenthood

Maternal mental health



PREPARATION FOR PRIMARY SCHOOL

The Healthy Child Programme 5-19 A full range of interventions that commissioners and local health professionals should consider to support children and young people,

and their families

4-5 YEARS

· Health visitors and

school nurses working

Identification of health

ready to learn

needs and development

of packages to support

with early years settings to

promote seamless support

SCHOOL ENTRY

LED BY SCHOOL NURSES

- Number of days absent from school with tooth ache [data]
- Number of children with disability
- SALT data

Visible.

Confidential

Accessible

Someone you know and can trust



- PRE-SCHOOL BACK:
- Health assessment
- Support for parents of children in year 1
- Screening visual and hearing impairment
- Childhood flu immunisation mop-up
- · Review of dental health
- Emotional wellbeing including anti-bullying
- Healthy weight and physical activity



SUPPORTING VULNERABLE GROUPS

- Looked after children
- Young carers
- Children with Special Educational Needs
- Vulnerable children and at risk families including support for:
 - Domestic violence
 - Military Families
- Links to the troubled families agenda

FOCUS

Prevention and early help

- Health inequalities
- Emotional health and wellbeing
- Complex and additional health needs
- Drugs, alcohol and tobacco
- Teenage pregnancy sexual health
- Safeguarding and health protection



Promoting healthy weight

• Intra-nasal flu mop-up

NCMP co-ordination and follow on intervention

 Identification of additional needs





The Healthy Child Programme 5-19 'Preparing for life' - 'Ready for life'

11-14 YEARS

- Health review at year 6/7 (10 - 12 years)
- Immunisation review and health protection advice including HPV vaccine
- Emotional wellbeing
- Healthy weight and physical activity advice

• PSHE - healthy

ENGAGING

MID-TEENS

 Support for young carers and vulnerable young people

relationships advice

- Anti-bullying programmes
- Peer support programmes
- Oral health advice



14-17 YEARS

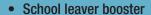
- Immunisations and health protection advice
- · Healthy weight and physical activity advice
- Drugs and alcohol support advice
- Support for children in contact with youth justice system
- · Looked after children
- Young carers

TRANSITION TO DESTINATION! HIGHER **EDUCATION OR WORK**



18-25 YEARS

- Preparation for adult services
- Emotional wellbeing
- On-going support for young people with complex health needs
- Preparation for early parenthood for teenage parents
- Sexual health and contraceptive advice
- · Immunisation and health protection advice
- Chlamydia screening



- Emotional wellbeing and Mental health support
- Smoking cessation advice
- Sexual health and contraception advice
- Chlamydia screening





