The Healthy Child Programme 0-5 Pregnancy to the first five years

PRENATAL 28 WEEKS

Healthy Child programme Mandated health visiting

- Antenatal contact at 28 weeks
- 6 high impact areas Led by health visitors

Midwifery

- Full health and social care assessn
- Routine antenatal care and screening
- · Parents at higher risk (drug abuse, alcohol abuse, domestic violence)

PARENTHOOD |

- Preparation for parenthood
- Maternal mental health
- Breastfeeding
- Weight management
- Smoking cessation

BIRTH Healthy Child programme

- New birth review
- 6 8 week review





GROWING AND DEVELOPING

0-21/2 YEARS

Healthy Child programme

1 vear review



READY TO

LEARN

- Integrated review



The Healthy Child Programme 5-19 A full range of interventions that commissioners and local health professionals should consider to support children and young people, and their families

SCHOOL ENTRY

4-5 YEARS

- Health visitors and school nurses working with early years settings to promote seamless support
- Identification of health needs and development of packages to support ready to learn

Promoting healthy

and screening review

Immunisations

Intra-nasal flu mop-up

 NCMP co-ordination and follow on intervention



SCHOOL NURSES

- Number of days absent from school with tooth ache [data]
- · Number of children
- SALT data

LED BY

SHARING INFORMATION

- Health assessment
- Support for parents of

- PRE-SCHOOL BACK:

children in vear 1

- Screening visual and hearing
- Childhood flu immunisation mop-up
- Review of dental health
- Emotional wellbeing including anti-bullying
- Healthy weight and physical activity



5-10 YEARS

Young carers

SUPPORTING **VULNERABLE GROUPS**

- Looked after children
- Children with Special **Educational Needs**
- Vulnerable children and at risk families including support for:
- Domestic violence
- Military Families
- Links to the troubled families agenda

FOCUS

- Prevention and early help
- Health inequalities

- Emotional health and wellbeing
- Complex and additional health needs
- Drugs, alcohol and tobacco
- Teenage pregnancy sexual health
- Safeguarding and health protection



- Health review at year 6/7 (10 – 12 years)
- Immunisation review and health protection advice including HPV vaccine
- Emotional wellbeing
- Healthy weight and physical activity advice

PSHE – healthy relationships advice

ENGAGING

MID-TEENS

- Support for young carers and vulnerable young people
- Anti-bullying programmes
- Peer support programmes
- Oral health advice

14-17 YEARS

- Immunisations and health protection advice
- Healthy weight and physical activity advice

School leaver booster

Emotional wellbeing

Sexual health and

and Mental health support

Smoking cessation advice

contraception advice

• Chlamydia screening

- Drugs and alcohol support advice • Support for children in contact
- with youth justice system
- Looked after children
- Young carers

TO DESTINATION HIGHER **EDUCATION** OR WORK

TRANSITION



- services Emotional wellbeing
- On-going support for young
- people with complex health need Preparation for early parenthood
- for teenage parents
- Sexual health and contraceptive advice
- Immunisation and health protection advice
- Chlamydia screening



