

# The Healthy Child Programme 0-5 Pregnancy to the first five years

## PRENATAL 28 WEEKS

Healthy Child programme  
Mandated health visiting  
intervention

- Antenatal contact at 28 weeks
- 6 high impact areas
- Led by health visitors

## PARENTHOOD



### Midwifery

- Full health and social care assessment
- Routine antenatal care and screening
- Parents at higher risk (drug abuse, alcohol abuse, domestic violence)
- Preparation for parenthood
- Maternal mental health
- Breastfeeding
- Weight management
- Smoking cessation

## BIRTH

Healthy Child programme  
Mandated:

- New birth review
- 6 – 8 week review



### 6 High Impact Areas

- Transition to parenthood
- Breastfeeding
- Maternal mental health

### Newborn & Infant Screening

## GROWING AND DEVELOPING

### 0-2½ YEARS

Healthy Child programme  
Mandated:

- 1 year review
- 2 – 2 ½ year review  
ASQ3/SE used for all children in England

### 6 High Impact Areas

- Health, wellbeing and development aged 2
- Integrated review



## READY TO LEARN

PREPARATION FOR PRIMARY SCHOOL

Resources for those Supporting Local Services to Deliver Improved Outcomes (click on hyperlinks below)

[The Midwifery Public Health Contribution](#)  
[Midwifery Services for Improved Health and Wellbeing](#)  
[Smoking in Pregnancy - Start4Life support to stop](#)  
[Getting Maternity Services Right for Pregnant Teenagers and Young Fathers](#)  
[Antenatal and newborn screening programmes](#)

[Early Years High Impact Area 1 Transition to Parenthood and the Early Weeks](#)  
[Early Years High Impact Area 2 Maternal \(Perinatal\) Mental Health](#)  
[Early Years High Impact Area 3 Breastfeeding \(Initiation and duration\)](#)  
[Maternal Mental Health Pathway](#)  
[Perinatal Mental Health](#)

[Early Years High Impact Area 4 Healthy Weight, Healthy Nutrition \(including physical activity\)](#)  
[Early Years High Impact Area 5 Managing Minor Illness and Reducing Accidents](#)  
[Early Years High Impact Area 6 Health, Wellbeing and Development of the Child Age 2 - Two Year Old Review](#)  
[Overview of Health Visiting and Family Nurse Partnership Services](#)  
[Guidance for Health Professionals on Domestic Violence](#)

[Healthy Child Programme-Pregnancy and the first 5-years of life :](#)    [Commissioning of Public Health Services for Children](#)    [Overview of Early Years High Impact Areas](#)  
[The national childhood flu Programme 2015/16 - Info for Healthcare Practitioners](#)    [Safer communications between health visitors and social care teams](#)    [The Transformed Health Visiting Service - the Story So Far](#)  
[Personalised Care and Population Health Framework for Nurses, Midwives, Health Visitors and Allied Health Professionals](#)

**Technical Resources** underpinning the Health Child Programme and the transfer to Local Authorities of 0-5 commissioning, including: [Finance, Mandation, Data & Information and Role of HEE and LETB factsheets](#)